

# Behavioral Health Updates September 2024

Presented by

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# Valleywise Behavioral Health Inpatient

- We currently operate 16 of the 18 licensed inpatient psychiatric units across our three Valleywise Behavioral Health Centers
  - This translates into 355 available beds of the 412 total licensed beds
    - 86% of beds in use
- Valleywise Behavioral Health Center Desert Vista (**Mesa**)
  - 5 adult units open (112 beds)
  - 1 adolescent unit open (14 beds)
- Valleywise Behavioral Health Center **Phoenix**
  - As of 12/18/23:
    - All 4 adult units are open (93 beds)
- Valleywise Behavioral Health Center **Maryvale**
  - 6 adult units open (135 beds)
  - 5 of the 6 units are fully open (120 beds)
  - 1 unit was opened at reduced capacity on 2/21/2024 (15 beds)
  - 2 adult units remain closed (48 beds)
  - **Next step:** 10/1/2024 open another unit at reduced capacity (this will add 15 more beds in single rooms)

# Capacity Management

- Every shift, Nursing House Supervisors at each inpatient BH facility generate a report outlining patient movement plans, as well as the number and location of open beds
- Tier II Meetings are held daily (M-F) & include leaders from all three facilities
- These teams work collaboratively to focus on capacity management and throughput
  - Review blocked beds (clinical & maintenance)
  - Maryvale team updates the group regarding single room availability
  - Review ***empty beds at midnight*** and 7:00 a.m.
  - Review # of planned discharges
  - Review # of pending admissions
  - Identify strategies to improve patient movement, discharges, and admissions
  - Review staffing demands, acuity and realign resources to maximize available bed capacity

# Inpatient Behavioral Health: 3-Year Comparison

	12 Months Ending June 2022	12 Months Ending June 2023	12 Months Ending June 2024	July 2024 Budget	July 2024 Actual
Admissions	4,172	4,046	4,610	412	428
Average Daily Census	270	271	299	310	320
Staffed Units/ALOS	14 units 23.6 days	15 units 24.5 days	16 units 23.7 days	16 units 23.4 days	16 units 23.2 days
Occupancy Rate	85.4%	83.9%	84.2%	87.3%	90.1%

# Title 36 COE/COT trended statistics

Month/Year	COE Petitions Filed	COT Petitions Filed	COT Hearings
July 2020	834	372	361
June 2021	1031	404	392
July 2022	742	280	268
July 2023	1057	361	310
July 2024	940	436	359